

## Guide to Good Foot Health

- Wear your Siren Socks daily. Take off at night before going to bed.
- Check your foot status daily in the Siren app.
- Make sure your shoes fit properly.
- Match activity levels to your doctor's recommendations.
- Respond to alerts or calls from Siren; follow the instructions provided.
- Answer calls from your doctor or nurse and follow their guidance.
- Check your feet daily for signs of injury.

Siren Socks are intended to be used as an adjunct to, and not in replacement of, self-examination and periodic foot care and examination conducted by a healthcare professional and does not diagnose any specific disease state.



### Covered by Medicare

Siren Socks are covered by Medicare and other insurance programs for people living with neuropathy.

### Have Questions?

Ask your doctor about Siren Socks or contact us to learn more.

 (888) 524-9820

 [www.siren.care](http://www.siren.care)

Monday - Friday: 8am - 9pm CT

Saturday: 8am - 12pm CT

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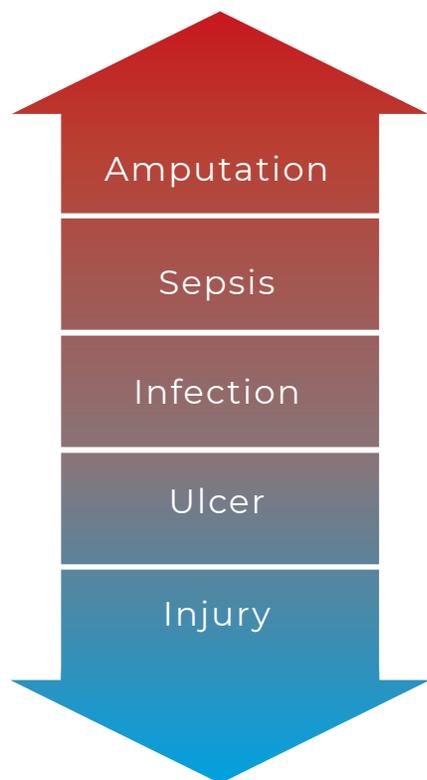


## The Next Step in Better Foot Care



SIREN

## Foot Temperature & Injury



Rising foot temperature may be an early sign of a developing injury. Injuries can lead to ulcers if left untreated.

Siren Socks help reduce your risk of ulcers by continuously tracking foot temperature. This data is monitored by trained nurses. You and your doctor are alerted if hotspots are detected to help avoid potential complications.

## How Siren Socks Work



Siren Socks continuously track your foot temperature.



Licensed nurses monitor your data.



You and your doctor are alerted if hotspots are detected.



Instructions from your doctor help you reduce the risk of injury.

Siren Socks are extremely soft and comfy. I love the fact that they provide information about the temperature of my feet and can notify me of any issues as soon as they appear.

**- Maggie W.**

